



Breaking the Ceiling

Communication

Collaborative Activity

2022-1-DE02-KA220-VET-000085146



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| Title | |
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| "Bridge of Communication" | |
| Objective | To foster effective communication and collaboration in the workplace, with a focus on empowering women by providing a platform for shared experiences and ideas. |
| Materials Needed | <ul style="list-style-type: none"> - Large paper or flip chart - Markers - Sticky notes - Small cards - Timer |
| Instructions | |
| Introduction (15 minutes) | <p>Begin by emphasizing the importance of open communication and collaboration in the workplace.</p> <p>Share a brief overview of the activity and its goal: building a bridge of communication among colleagues.</p> |
| Building the Foundation (20 minutes) | <p>Provide each participant with a small card and ask them to write down one professional challenge they have faced or are currently facing. This could be related to communication, work dynamics, or career development.</p> <p>Collect the cards, shuffle them, and redistribute them randomly to participants. Each participant now has someone else's challenge.</p> |
| Small Group Discussion (30 minutes) | <p>Form small groups with participants who received different challenges. Encourage open discussion within the groups. Participants should share the challenge on their card and discuss potential solutions or insights. Emphasize active listening and the importance of providing constructive feedback.</p> |
| Building the Bridge (20 minutes) | <p>Provide each group with a large sheet of paper or a flip chart, along with markers and sticky notes.</p> <p>Instruct the groups to visually represent a "bridge" that symbolizes the solutions or insights they have gathered during the discussion. The bridge should include key elements such as pillars representing support, arches symbolizing collaboration, and pathways signifying effective communication.</p> |
| Presentation (15 minutes) | <p>Each group presents their "Bridge of Communication" to the entire team. Encourage creativity and a brief explanation of the symbolic elements on their bridge.</p> <p>After each presentation, open the floor for questions and additional insights.</p> |
| Reflection and Action Plan (20 minutes) | <p>Facilitate a group discussion on the experience.</p> <p>Ask participants to reflect on what they learned from the activity and how they can apply these insights to enhance communication and collaboration in their daily work.</p> |

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| | Encourage the development of a collective action plan for addressing workplace challenges. |
| Closing Remarks (10 minutes) | <p>Express gratitude for participants' engagement and collaboration. Reiterate the importance of ongoing communication and support in the workplace.</p> <p>Provide an opportunity for participants to share final thoughts or takeaways.</p> <p>This cooperative activity promotes communication, empathy, and collaboration among women in the workplace. It creates a supportive environment for sharing challenges and brainstorming solutions while fostering a sense of unity and empowerment.</p> |