

NEWSLETTER

ONLINE TRAINING SYSTEM

The Online Training System includes 24 theoretical modules which will help develop soft skills among professional and entrepreneurial women. This Online Training System is a bank of digital includes two training modules for each one of the following soft skills:

- Active Listening
- Communication
- Conflict Resolution
- Emotional Intelligence
- Empathy
- Flexibility
- Organization
- Positive Work Ethics
- Problem-Solving
- Self-Confidence
- Teamwork
- Time Management



<https://break-the-ceiling.eu/resources/>

TPM 2 KARDITSA, GREECE

07/05/2024



**Breaking
the Ceiling**

The Transnational Project Meeting in Karditsa focused on reviewing the progress of Work Package 3, agreeing on the next steps for standardizing self-paced exercises, and outlining the tasks and deadlines for the upcoming Work Package 4, including creating video interviews with successful women. Partners expressed their satisfaction with the outcomes and the fruitful discussions. The next meeting will be held in Iceland on September 20th, preceded by a Multiplier Events in partner countries during the month of September.

SCAN HERE

LTTA IN KARDITSA, GREECE

08/05 - 10/05/2024

The Learning, Teaching, Training Activity (LTTA) held in Karditsa, Greece, from May 8 to May 10, 2024, centered on piloting the developed activities to enhance soft skills. Over three days, participants engaged in a series of structured sessions and hands-on activities. Day one began with welcoming remarks and an overview of WP3 by E-SCHOOL, followed by presentations on Positive Work Ethic, Emotional Intelligence, and Flexibility, each accompanied by a pilot implementation. The second day featured Europass Berlin's insights on Teamwork and Communication, Sfs's sessions on Active Listening and Conflict Resolution, and VAEV's discussions on Self-Confidence and Empathy, all integrated with practical activities. The final day saw SKILLSUP SRL presenting on Time Management and Problem Solving, concluding with a comprehensive discussion, feedback session, and the awarding of certificates. This LTTA was highly productive, offering valuable strategies for developing key soft skills essential for overcoming workplace barriers and promoting gender equality.



Collaborative Activity on Strengthening Teamwork

COMMON PILOT TESTING REPORT

All partners conducted pilot events, both online and in-person, inviting 10 professional women each who were interested in the topic of empowering women in the workplace through soft skills. Women from different age groups, educational backgrounds, and professional roles comprised the pilot group. This diverse group of participants provided diverse feedback, indicating that the project materials are broadly applicable to a variety of demographic groups.

The high rating of the project results by the majority of the respondents and participants in the Pilot Testing session, validate the positive outcomes of the training material among working women.



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JOIN US!



We believe that by working together, we can create lasting change and build a more inclusive and equitable future for all. Join us in our journey to break through the glass ceiling and unlock the full potential of women in the workplace.



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